



## PRODUCT PROFILE: PHYTOPOWER C

# TARGETED PROBIOTICS FOR CALM + STRESS MANAGEMENT

The most important connection in the human body is the gut-brain connection. This connection is critical for proper stress management, restful sleep, and peaceful calm.

PhytoPower C deploys 10 billion CFUs in three different strains—*Lactobacillus Casei*, *Lactobacillus Acidophilus*, and *Bifidobacterium Breve*—into the gut with every serving. These targeted probiotics were chosen specifically for their unique abilities to work inside the gut to reinforce the gut-brain connection. PhytoPower C promotes calm, helps the body relax and fall asleep, and boosts the body's natural stress-management systems.

A healthy, balanced gut microbiome is the beginning and most important factor in managing stress and obtaining a restful sleep.\*

## HOW IT WORKS

PhytoPower C draws its impressive potency from targeted probiotics and other proven calming ingredients.

The targeted probiotics in PhytoPower C diversify the gut microbiome with specialized friendly bacteria. These bacteria strains maintain the healthy function of important nerves and neurotransmitters, facilitating communication between the brain and the gut. Healthy nerves and neurotransmitters send signals to the brain to release beneficial hormones, and help the body manage stress in a healthy way and prepare for lasting calm and restful sleep. The gut-brain connection really is a powerful thing.

In addition to targeted probiotics, PhytoPower C also delivers calming chemical compounds to the body through nature's best calming ingredients. These ingredients, which include lemon balm, glycine, and magnesium, further help the body's natural stress-response systems, and can prepare the body for deep rest.



## HOW TO USE

PhytoPower C is portioned into individual-serving stick packs, which makes consumption easy and convenient. Simply add a stick pack to 16 ounces of water or another favorite beverage. Mix thoroughly and enjoy.

For best results, drink PhytoPower C in the evening before bed time, or another time when you want to prepare the body for deep rest.

PhytoPower C features a lovely berry flavor and beautiful natural colors from fruits and vegetables.

## WHAT YOU CAN EXPECT

Consuming PhytoPower C daily will populate the gut with friendly targeted probiotics and send important calming chemicals to your body to improve the gut-brain connection. With regular consumption, PhytoPower C will deliver some impressive benefits.\*



**PREPARES THE BODY FOR DEEP REST**



**HELPS THE BODY MAINTAIN HEALTHY RESPONSE TO STRESS**



**MAINTAINS PROPER FUNCTION OF GUT-BRAIN PATHWAYS**



**HELPS GUT MICROBIOME PRODUCE IMPORTANT NEUROTRANSMITTERS**



**ASSISTS IN THE PRODUCTION OF IMPORTANT SHORT-CHAIN FATTY ACIDS**



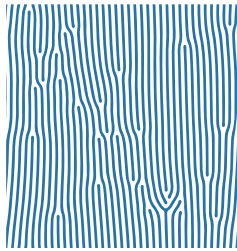
## YOU'LL LOVE THIS

PhytoPower C helps support the blood-brain barrier, which is a protective layer that lines the inner surfaces of the blood vessels inside your brain. It's a key part of how your brain and nervous system work.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# A CLOSER LOOK AT PHYTOPOWER C INGREDIENTS

PhytoPower C features a potent blend of targeted probiotics and nature's best ingredients for calm and relaxation. Here's a closer look at what's inside PhytoPower C:



## TARGETED PROBIOTICS

Three strains of targeted probiotics—*Lactobacillus acidophilus*, *Lactobacillus casei*, and *Bifidobacterium breve*—create a diverse gut microbiome that paves the way for a healthy gut-brain connection.



## MAGNESIUM

A compound that blocks the activity of stimulating neurotransmitters, and instead binds to calming receptors. Promotes peace and rest.



## LEMON BALM

Lemon balm can soothe symptoms of stress, assist in relaxation, and boost mood.



## GLYCINE

An amino acid with a calming effect on the brain. Glycine can help you fall and stay asleep by lowering the core body temperature.

## Supplement Facts

Serving Size 1 packet (4.2g)		Servings Per Container 15	
Amount per serving		% Daily Value*	
<b>Calories 5</b>			
<b>Sodium</b>	<1 mg		<1%
<b>Total Carbohydrates</b>	1g		<1%
	Dietary Fibers 0g		0%
	Total Sugars 0g		
	Includes 0g Added Sugars		0%
<b>Protein &lt;1g</b>			
Vitamin D	0mcg	0%*	Iron 0.1mg <1%*
Calcium	5mg	0%*	Potassium 20mg <1%*
Magnesium	250mg		60%*

**Proprietary Calming Relaxation Microbiome BLEND\*** 1.4g †  
 Glycine, Magnesium Oxide, *Melissa officinalis* (Lemon Balm) Leaf Extract, *Lactobacillus acidophilus*, *Lactobacillus casei*, *Bifidobacterium breve*.

\*Percent Daily Values are based on a 2,000 Calorie diet.  
 † Daily Value not established

**OTHER INGREDIENTS:** Natural Flavors, Malic Acid, Steviol Glycosides from Stevia, Natural Fruit and Vegetable Colors.

# FAQs

**Q: What's the difference between probiotics and targeted probiotics?**

A: Probiotics is a term to describe all beneficial bacteria. There are thousands of strains of beneficial bacteria (that we know of), and the word "probiotics" can be used to describe them all.

Targeted probiotics, on the other hand, is a term used to describe specific strains within the probiotic community. These targeted probiotic strains have unique chemical characteristics that help them zero in on distinct functions and systems in the body. By diversifying the gut with targeted probiotics, you can influence the health of your body in specific ways

**Q: Are there targeted probiotics in PhytoPower C?**

A: Yes. PhytoPower C contains targeted probiotics in three different strains: *Lactobacillus acidophilus*, *Lactobacillus casei*, and *Bifidobacterium breve*. These targeted probiotics were chosen for their ability to induce calm and influence the body's natural response to stress.

**Q: What's the relationship between stress management and microbiome health?**

A: The gut and the brain are two powerful entities within your body. They communicate with each other constantly, and the condition of one greatly impacts the other. This relationship is commonly called the "gut-brain connection." When the gut microbiome is populated with good, healthy bacteria, it sends signals to your brain to release beneficial hormones. Some of those hormones are directly related to the body's reaction to stress. PhytoPower C contains three specific strains of targeted bacteria that help the gut-brain connection flourish, and assist in the production of those beneficial hormones.

**Q: Does PhytoPower C contain any artificial sleep or calming aids?**

A: No. PhytoPower C uses the power of nature to help produce calm in the body. Its impact ingredients include natural calming agents like magnesium, lemon balm, and glycine, in addition to targeted probiotics.

**Q: Will PhytoPower C make me drowsy?**

A: PhytoPower C is a product designed to naturally strengthen the body's gut-brain connection and enhance the body's ability to calm itself and handle stress in a healthy way. It will not produce an artificial drowsy feeling like over the counter or prescription sleep aids.



# FAQs

**Q: How do I consume PhytoPower C?**

A: Simply mix PhytoPower C with 16 ounces (480 ml) of water or your favorite cold beverage. PhytoPower C features a delicious natural smooth berry flavor, so it doesn't need a lot of extra flavoring.

**Q: Does PhytoPower C have artificial sweeteners, flavors, or colors?**

A: No, PhytoPower C does not contain any artificial sweeteners, flavors, or colors.

**Q: Does PhytoPower C have any soy, estrogen, or gluten?**

A: PhytoPower C contains no soy or estrogen products, and it is gluten free.

**Q: When should I drink PhytoPower C?**

A: Because PhytoPower C is meant specifically for calming the body, we recommend drinking it in the evening an hour or so before bed time. Alternatively, any time you desire relaxation or calm is a great time to drink PhytoPower C.

**Q: How often should I drink PhytoPower C?**

A: We recommend drinking PhytoPower C daily, in a well-rounded program to support your lifestyle.

**Q: Can you mix different PhytoPower products together?**

A: Yes. when mixed according to instructions, all PhytoPower products may be consumed.

**Q: Can you mix PhytoPower C with PhytoPower or Next beverages?**

A: We recommend drinking PhytoPower C with at least 16 ounces of liquid, and that can certainly include Next beverages. And PhytoPower C can be mixed with PhytoPower in the same beverage.

**Q: Is PhytoPower C safe for kids, expectant mothers, or breastfeeding mothers?**

A: PhytoPower C was designed to be safe for people of all ages, but if there's ever a question, please consult a physician.



## PHYTOPOWER BRAND MESSAGE

LoveBiome's passion originates from a simple statement: Change One Thing, and Change Everything. We believe that when you take care of your microbiome, your microbiome will take care of you.

The PhytoPower Brand represents the most robust and imaginative innovations in microbiome health.

Our passion is to help everyone discover the life-changing benefits of a thriving, flourishing, healthy biotic community. Within this community are diverse strains of friendly, beneficial bacteria, nourished by the best prebiotics, which in turn fuels the production of powerful postbiotics that energize every cell, system, and function of the body.

# DOMINATING THE ERA OF THE MICROBIOME

